

How to solve all your problems

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“Your writing is both inspirational and motivating...”

Halima Sarki

Abuja Nigeria

“My husband is Abu Abdillah, and what is Abu Abdillah(i.e. what should I say about him)? (Has) a determination unmatched by many of his contemporaries. An aspiring zaahid, barely appearing to be connected to the world, and with a large heart both physical and metaphorical. A man extremely quick to anger but is quickly soothed by the verses of the Quran and authentic narrations of the religion. His ambition is unmatched to many, and coupled with his Tawakkul(from what one can humanly observe), always seems to get whatever of the halal he sets his heart upon, or better(directly from His Rabb/ Creator)”

Umm Maryam

[My wife is Umm Maryam, and what is Umm Maryam(i.e. what should I say about her)? Her worship of Allah(from what the eye can see) comes close to no one I have ever witnessed before(with my own eyes), her supplications are always answered(from what Allah has blessed me with of little knowledge). Her worldly beauty has a distant resemblance to that of The Hur Al 'Ain of Jannah. On top of that, Allah has fully concealed it to none other than her husband, through her niqaab. Her zuhd/ abstemiousness has a resemblance

to the one who's name she bares, from the
Quran and Sunnah; Maryam
'aleihaassalaam. Her detachment from the
dunia is undescrivable, and just like
Maryam 'aleihaassalaam, her provisions
from her Creator never cease, whether her
husband provides for her(from the little he
has) or not.- Abu Abdillah]

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Introduction

Bismillahirrahmaanirraheem

In The Name of Allah, The Entirely
Merciful The Especially Merciful

This is a book about How to solve all
your never-ending problems- by the
will of Allah.

Text(Matn)

All praises be to Allah and
salutations and peace be upon the
Prophet Muhammad, His Family, His
Companions and all those that follow
him until the day of Judgement

To proceed

Are you having never- ending
problems?

Done ruqya for years or decades
unending?

Made un-ending supplications?

But still feel that life is getting
harder?

Basic Checklist to solve your seemingly impossible never-ending problems:

1. Study, learn and sincerely perfect your 5 pillars of Islaam on an ongoing never-ending basis
2. It is of high importance that you regularly study your creed/ 'aqeedah...the creed of Prophet(Peace be upon Him)

according to the Quran, the Sunnah
and the understanding of the
Sahaabah

3. It is of high importance, that one
endeavours to fulfil all their
contracts...the highest being: laa
ilaaha illallah Muhammadan
Rasuulullah. One can not
successfully implement their
contracts until they seek knowledge
of their religion and their worldly
obligation, and learn the relation

their religion directly has on their worldly obligations.

Have clear knowledge of what the contract completely entails and how you are required to execute it, in accordance to the Sharee'ah...This requires acquiring deep knowledge of your religion(Islaam), and knowledge of all your contracts, duties and obligations. Furthermore, you must learn how to implement

your contracts within the bounds of Sharee'ah...without transgressing the boundaries of Allah

4. One of the quickest way to get rid of seemingly- impossible barriers in your life, is to completely intend/ endeavour to give up Ribaa/ interest immediately...however small the transaction is...As Allah mentions in Surah Baqarah that it is a declaration of war with Allah and His Messenger(Peace be upon Him)

5. Eat and only consume of the tayyibaat/ good... Allah says in the Quraan "Eat of the tayyibaat/ good...".

The tayyibaat/ good food is according to The Quran, authentic Sunnah, and understanding of the Sahaabah...not according to modern thinking, philosophies or solely modern research...unless it does not

contradict the understanding of the
Sacred texts

For more detailed assistance in
solving never-ending problems,
endeavour to seek knowledge on a
continuous never-ending
basis...most importantly ask Allah for
increase in knowledge always; from
the way of Prophet Peace be upon
Him:

Rabbi zidnee 'ilmaa

My Rabb/ creator/ Sustainer...

Increase me in knowledge

Bonus Chapter

Spiritual Levitation 1: The Other side of Abstemiousness

1. Face your fears, and pray to Allah always
2. You can never attain true success (i.e. in this world and the next life), until you worship Allah correctly and seek His assistance continuously/ continually

3. If you choose a life of worshipping Allah in all that you do in your life, then(by His will), all that you desire will come to you submissively.

4. Every time you feel like giving up, turn back to Allah(whole heartedly)

5. Concentrate on bettering yourself. The general rule of thumb is that the better you are, the more

those around you get affected positively.

6. Keep on being patient, and never stop being patient, until your soul exists the collarbone.

7. In patience, there is wisdom from Allah. He is showing you that He is The One that controls everything

8. Modern day monks(and practitioners of abstemiousness) can

sometimes be found in cities and towns.

9. The more you practice Zuhd(Orthodox Islamic Abstemiousness), the more your heart lets go of the world. Then the more the world clings on to you(metaphorically speaking)

FINAL PRAYER

All Praises abundant and plentiful belong to Allah, and peace be upon his final Messenger Muhammad, peace and blessings be upon him, his family, his companions and all of those that follow them till the day of Judgement.

FINAL WORD

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Bonus Chapter 1

3 types of souls

1. Mutma innah- Surah Fajr Verse

27(The break of day or The Dawn)

2. Lawwaamah- Chapter 75 Surah

Qiyaamah(The Resurrection) Verse 2

3. Amru bissuw-

Hisnul Muslim- Qahtani

3 types of hearts

1. Qalbun Saliim(A sound heart)

2. Qalbun Mareedh(A sick heart)

Oh Allah give us a complete cure
that leaves no illness Ameen.

3. Qalbun Mayyit(A dead heart)

May Allah protect us from this

Ameen

Bonus Chapter 2

‘Uboodiyyah: Beyond Temporary Friendship

All praises be to Allah and
salutations and peace be upon the
Prophet Muhammad, His Family, His
Companions and all those that follow
him until the day of Judgement

To proceed

1. If you don't let go to worldly love, you'll never know which relationship is meant to be permanent, and which was meant to be temporary; for the good of yourself.

Take the example of Prophet Ibrahim (upon him be peace and Salaam):

The important thing (wa Allahu A'laam/ and Allah knows best) is that

Allah wanted

Ibrahim('aleihimussalaatu wa
salaam/ upon him be peace and
Salaam) to sacrifice the love of his
son from his own heart.

Like the story of the 2 sons of
Adam; Allah wanted to see who
would part from the dunia/worldly
life from their hearts(wa Allahu
A'laam/ and Allah knows best), by
giving their best possessions i.e. the
crops

Allah is Assamad(He is in need of noone/nothing, but all are in need of him).

So the conclusion is that Allah wants us to go to Him with Qalbun Salim(a pure heart).

May Allah allow us to live and die with Qalbun saliim(a pure heart)

May Allah guide us all

Ameen

Bonus Chapter 3

Spiritual Levitation 2: The Other Side of Abstemiousness/ Zuhd

All praises be to Allah and
salutations and peace be upon the
Prophet Muhammad, His Family, His
Companions and all those that follow
him until the day of Judgement

To proceed

1. Never let go of your(correct)
religious principles

2. The enemies surrounding you(i.e. Shaitan/ satan and dunia/ the seeming glitter of the world) (and within you, (i.e. your hawa/ desires and nafs/ your lower self) are always ready to launch attacks. Be vigilant(i.e. by supplicating to Allah always), be informed(i.e. seek

knowledge) and be ready(for the ongoing spiritual battle/ warfare) and on guard(by beseeching Allah's assistance, refuge and rescue)

3. Sometimes you have to let go of certain things, for a new chapter if your life to begin

4. Whatever is with Allah(by His protection)/ Everything that is with Allah(by His protection) is never lost

5. It is at that breaking point, when you literally(and metaphorically) feel that you are fast-approaching rock bottom(or anguish is about to set in); that is the time to supplicate for all the good that you wish for. Then wait for the miracles that shall follow(only by the will of Allah)

6. Always ask for Allah's bounties/ favours upon you(, whether you hear the cockerel crow or not)

Bonus Chapter 4

Introduction to Pre-destiny: The Sea Without a Shore

All praises be to Allah and
salutations and peace be upon the
Prophet Muhammad, His Family, His
Companions and all those that follow
him until the day of Judgement

To proceed

4 Parts to the Qadar(Pre- destiny of Allah)

1. Al 'Ilm(knowledge)

That Allah knows everything that was, everything that is(now), everything that is going to be/ that will happen(in the future), and also things that **if they were to happen**, how they would happen.

2. Al Kitaabah(The writing)

That Allah instructed the pen to write all the things that will happen(till eternity- And Allah knows best), 50, 000 years before the creation of the Heavens and Earth.

3. Mashi a(Will)

That everything happens by the will of Allah.

That we also a will, but ultimately, it is still under the will of Allah.

‘Aml(Action/ Deeds)

That Allah created/ creates
everything, including our actions.

Bonus Chapter 5

Knowing Allah Part 2

The Names of Allah have influence in the hearts that know of Him.

The state of shyness of Allah will increase.

When a person sins, his heart is free of imaan at that time.

Ibn 'Abbaas: Like this(imaan is taken away) he meshed his hands together then separated them, then

he said; when he repents, his imaan returns, (then he meshed his hands together again)

Maa lakum laa tarjuuna lillahi wa qaara; What is the matter with you that you don't return back to Allah(and don't give Him the proper estimation)

Those who sin against Allah(don't believe in Allah properly)

don't have the proper estimation of Allah.

Chapter 39 Verse 36

Is not Allah sufficient for His slaves.
They try to frighten you with those
they worship besides Allah.

If a slave gives Allah the proper estimation, he will have awe/ fear, which will keep him away from sin.

Remembrance(of Allah), is obedience to Allah.

The one who is obedient to
Allah, remembers Him(dhikrullah)

The one who is disobedient to
Allah, is not remembering
Him(dhikrullah)

Sa'i'id Ibn Jubair:
Whoever obeys Allah has
remembered him.

Dhikr is of 2 types:
Remembering Allah with the tongue,

and remembering Allah at times of disobedience(and refraining from it)

Knowledge of Allah lends the believer to strive in worship of Allah.

Chapter 51 Verse 17- 18

They used to sleep little by night, invoking Allah, and in the hours of the night, they used to seek forgiveness.

Ignorance(greatest form)- not giving Allah the just/ proper estimate.

Quran: Whoever honours the sacred things with Allah, that is better for him with his Lord.

Surah Nisaa:

Ignorance stems from improper knowledge of Allah, which leads to improper estimation of Him.

From Quran:

Ignorance and foolishness;
Allah only accepts repentance from
the one who commits sins out of
these 2.

A slave only commits sin out of
ignorance(This was the
understanding of the Sahaabah)

Ibn Taymeeyah said:

Every disobedient person is
ignorant, and every person with
awe/ fear (of Allah) has knowledge
of Allah and is in obedience of Him.

Had the fear of Allah been perfected, you wouldn't disobey Him.

Bonus Chapter 6

The more you know Allah, the more you fear Him, Quran, Chapter 35 Verse 28.

It is only the 'Ulamaa that fear Allah.

The most knowledgeable of Allah
was the Prophet (Peace Be Upon
Him)

The Slave feels his small sin as a
mountain.

The Sahaabah feared Allah the most(
after the Prophets)

Muubiqaat- destructive sins.

Don't look to the smallness of your sins, look to the Greatness of The One you are disobeying.

If Satan/ Shaitaan cannot get a person to sin, he will try to get him through riyaa/ show off and pride.

Imaam Ahmed on his death bed said "Laa ba'd(not yet)...". He said "(the Shaitaan) Iblees stood by my feet biting his fingers saying futtanee;

you were saved from me, (he wanted Ahmed to feel proud)“

Ahmed said:

Not yet, not yet, not until I die.

One of the fruits of true Imaan, is that at death, Allah will make a believer firm against Satan

Firm saying, in this world, is saying the kalimah(statement of Tawheed) at death and being able to answer the 3 questions in the grave.

One of the salaf(Abu Bakr) said all
the names of Allah until he died(not
Abu Bakr Siddique)

Baqarah 2: 132- 133

“Die not except in Islam(with the
statement of Tawheed)”

The most fruitful end is to die in
Islaam

Bonus Chapter 7

Husna- the best, most perfect &
most beautiful

In 4 places, Allah mentions that His
Names are Al Husnaa

Surah A-raaf Chapter 7, Verse 180

Surah Israa Chapter 17, Verse 110

Surah Taha, Chapter 20 Verse 8

Surah Hashr Verse 24

Husnaa

1. All Allah's names indicate and affirm His perfect attributes, they are names as well as attributes.

Allah is glorified above having names without meaning.

Allah's name is Al Qawii- it implies that He is The Most Strong, neither preceded by weakness or ending.

Al Hayy; Perfect living not preceded by non-existence nor ending.

His name Al Hayy implies his knowledge...

Al 'Aliim

The knowledge is not preceded by ignorance nor is it ended by forgetfulness